The following scale is a translation of the original Japanese version. It has not been validated. The research published in Yashima (2002) and Yashima et al. (2004) was conducted with the original version.

**International Posture (an updated version)**

administered with six-point scales from “It applies to me perfectly (I strongly agree)” to “It does not apply to me at all (I strongly disagree)”

**Intergroup Approach-Avoidance tendency** \((\alpha = .80)\)
1) I want to make friends with international students studying in Japan.
2)* I try to avoid talking with foreigners if I can.
3) I would talk to an international student if there was one at school.
4) I wouldn't mind sharing an apartment or room with an international student.
5) I want to participate in a volunteer activity to help foreigners living in the surrounding community.
6)* I would feel somewhat uncomfortable if a foreigner moved in next door.

**Interest in International Vocation or Activities** \((\alpha = .79)\)
1)* I would rather stay in my hometown.
2) I want to work in a foreign country.
3) I want to work in an international organization such as the United Nations.
4) I'm interested in an international career.
5)* I don't think what's happening overseas has much to do with my daily life.
6)* I'd rather avoid the kind of work that sends me overseas frequently.

**Interest in International News** \((\alpha = .76)\)
1) I often read and watch news about foreign countries.
2) I often talk about situations and events in foreign countries with my family and/or friends.
3) I have a strong interest in international affairs.
4)* I’m not much interested in overseas news.

(newly added in Yashima (2009))

**Having things to communicate to the world** \((\alpha = .78)\)
1) I have thoughts that I want to share with people from other parts of the world.
2) I have issues to address with people in the world.
3) I have ideas about international issues, such as environmental issues and north-south issues.
4)* I have no clear opinions about international issues.