The following scale is a translation of the original Japanese version. It has not been validated. The research published in Yashima (2002) and Yashima et al. (2004) was conducted with the original version.

International Posture (an updated version)

administered with six-point scales from "It applies to me perfectly(I strongly agree") to "It does not apply to me at all (I strongly disagree)"

Intergroup Approach-Avoidance tendency $(\alpha = .80)$

- 1) I want to make friends with international students studying in Japan.
- 2)* I try to avoid talking with foreigners if I can.
- 3) I would talk to an international student if there was one at school.
- 4) I wouldn't mind sharing an apartment or room with an international student.
- 5) I want to participate in a volunteer activity to help foreigners living in the surrounding community.
- 6)* I would feel somewhat uncomfortable if a foreigner moved in next door.

Interest in International Vocation or Activities (α = .79)

- 1)* I would rather stay in my hometown.
- 2) I want to work in a foreign country.
- 3) I want to work in an international organization such as the United Nations.
- 4) I'm interested in an international career.
- 5)*I don't think what's happening overseas has much to do with my daily life.
- 6)* I'd rather avoid the kind of work that sends me overseas frequently.

Interest in International News $(\alpha = .76)$

- 1) I often read and watch news about foreign countries.
- 2) I often talk about situations and events in foreign countries with my family and/or friends.
- 3) I have a strong interest in international affairs.
- 4)* I'm not much interested in overseas news.

(newly added in Yashima (2009))

Having things to communicate to the world $(\alpha = .78)$

- 1) I have thoughts that I want to share with people from other parts of the world.
- 2) I have issues to address with people in the world.
- 3) I have ideas about international issues, such as environmental issues and north-south issues.
- 4) *I have no clear opinions about international issues.